

Facing the Front Row: Tips and Tricks to Improve Your Flute Section
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Posture Counts!

- Flute Alignment - Right Down the Middle
- L-Shape Feet vs. Hip Distance
- Head/Shoulders/Knees/Toes (Ears?!)
- A Bigger Piece of the "Pie"
- Drop Those Elbows

Big Air

- Hissing
- Harmonics
- Sing and Play
- Whistle Tones
- Relax jaw and make space



Where Does the Work Come From?

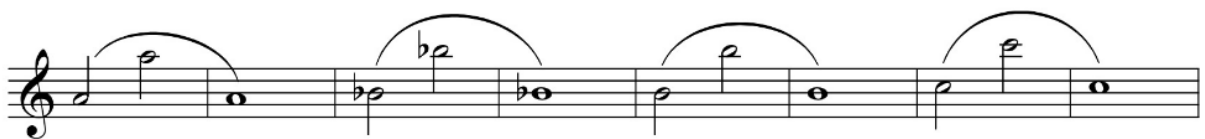
- Changing Air Speed vs. Changing Air Direction
- Point and Play
- Octave Slurs
- Slur Your Arpeggios



Harmonics Exercise

Trouble-Shooting: Common Issues

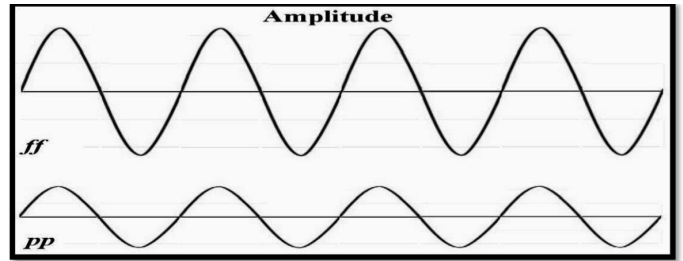
- Turtle-Neck
- Chicken Wings (Elbows)
- Lazy Flute
- MILITARY PRECISION and the slinky spine
- Smiling Embouchure: The Dimple Effect
- Too Open Embouchure
- Flute Placement



Octave Slur Exercise

Vibrato Basics

What is vibrato?
Finding the "hah" muscles
Crank the engine!



From Tracy L. Harris, "Music for All"

Start Slow

Two "ha's" per note
Three "ha's" per note
Four or more!
Relax jaw and make space



Things to Practice

Slow Tempos and Fast Tempos
Try different ranges and
Varying Single Pitches
Small Scales Patterns
Chromatic Patterns
Increasing Interval Size - Arpeggios!

*Tip: You may wish to revisit closed teeth/air sounds at varying stages in this progression.

Trouble-Shooting: Common Issues

Not Enough Air
Uneven Air
Am I Shaking My Flute?
Shoulder Vibrato
Tongue Placement

Questions?